

# FORCES

VARIATIONS 2015

L'ESTUAIRE COMPANY



The **compagnie de l'estuaire** was established in 1995: It is one of the co-founding companies of the Theatre du Galpon, Geneva / Switzerland.

**The compagnie de l'estuaire has developed an artistic identity revealing the poetry of physical phenomena and based on the relationship between human beings and between them and their environment.**

**The company produces stage works as well as works for public and urban spaces.**

**The group pieces deal mainly with balance, construction and destruction, and solidarity. How do things hold together? How do people live together?** Panels, boards or wooden blocks that the dancers organize in the space or that they climb are precarious and short-lived organizations, small arrangements with life that provide elements of visual and sensory answers to these questions.

**The smaller pieces** are often produced in collaboration with the **company A Hauteur des Yeux** and question the relationship between the human body and puppets.

**The community and cultural artistic projects** integrate pupils, teachers or city inhabitants in the processes of creation.

Nathalie Tacchella directs her artistic projects in a close collaboration with each company member. Her work is strongly influenced by thinking about the role of the artist in the city. For over 15 years, she has been questioning the relationships between creation, training and citizenship.

**Nathalie Tacchella was awarded a Swiss society of authors grant by for her piece *Les Tables*.**

Her artistic and educational work has been documented in three movies:

*Paysages urbains*, a documentary by Mathias Solenthaler

*Paroles, danses et impressions*, a movie by Alexandre Simon

*Je suis au milieu de nous*, a movie by the Service Écoles-Médias (School and Culture Department. State of Geneva)

## FORCES VARIATIONS 2015

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**Forces** is a choreographic piece for three female dancers. It premiered at Le Galpon – Geneva in May 2014.

Originally a trilogy, the performance observes our capacity to accept the force of gravity whilst fighting indefatigably against it. Human strength confronts astronomical force. Actions and reactions to the force of gravity reveal humans as rebels, who get up and move, who prefer action to contemplation...

Happy as Sisyphus, we live and give life to absurdity.

**Forces Variations 2015** develop the original piece in different formats.

### **Forces full theatre version**

Duration: 50 min.

Cast: Marion Baeriswyl, Simona Ferrar or Amina Amici, Ambre Pini

Total floor surface: 12M X 12M.

### **Forces I theatre version**

Duration: 15 min

Cast: Amina Amici or Simona Ferrar

Total floor surface: 12M X 12M.

### **Forces I + theatre version**

Duration: 30 min.

Cast: Amina Amici or Simona Ferrar and workshop participants

Total floor surface: 12M X 12M.

### **Forces I gallery version**

Duration: 15 min.

Cast: Amina Amici or Simona Ferrar

Minimum floor surface: 3M X 6M.

## FORCES THEATRE VERSIONS

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Forces – Le Galpon – video Carole Messmer – May 2014

### Forces full theatre version

Each episode brings a tone, a view of lighting in the theme by developing a particular dominant, connected to the gravitational forces and three times of life's phases.

- Forces I**      the collapse – the maturity
- Forces II**     the lever – the life's prime of life
- Forces III**    the balance – the adolescence

The dramaturgy of each of three figures is not explicitly narrative, and every episode reveals the complexity of our actions in front the face of the forces which surround us.

A dual double movement directs the choreography. Thematically, a zoom takes us from the astronomical to the individual. Formally, the three parts of the piece bring us from the singular to the general.



Forces III – Le Galpon – photo Isabelle Meister – May 2014



Forces II – Le Galpon – photo Isabelle Meister – May 2014

## FORCES THEATRE VERSIONS

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Forces I – Le Galpon – photo Isabelle Meister – May 2014

### **Forces I theatre version**

Everything collapses under the dancer.  
Indefatigably she reconstructs.

**Forces I** is the time of maturity, the loss of the reference points built up over the years. The dancer does not give up; she develops absurd strategies for finding peace – a state of mind to which she aspires.



Forces – workshop on stage – May 2014

### **Forces I + theatre version**

This version includes participants of a one-day long workshop. They open the piece, as a prologue, moving across the stage like particles, as centripetal and centrifugal forces while the dancer sits at her table.

The bodies appear as ancestors who feed into the dancer's dreams. When they melt down to the white floor, the dancer begins her danced talk among the prone bodies.

## FORCES WORKSHOP

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### **Forces workshop**

**Minimum 10 participants, maximum 20 participants**

**Age and abilities:** from 6 years old to seniors. It is not necessary to be a dancer to participate in the workshop; participants must be curious and ready to experience something new!

**Room:** on stage, if not possible in a large rehearsal room.

### **Morning: warm up and initial search for movements.**

- Presentation of the project, discussion and questions about the previous evening (presentation of Forces I)
- Warm-up based on sensations and personal explorations, conducted by Nathalie Tacchella.
- Directions, orientations, work on centripetal and centrifugal forces within the group, and in relation with the dancer.

### **Afternoon: chronological implementation and rehearsal.**

- Chronological setting of the piece and corrections or modifications if necessary
- Rehearsal, relation with the music.

**Evening:** presentation.

### **Conditions related to the residency**

**Day 1** build up stage + light

**Evening 1** presentation of Forces 1 - duration 15 minutes

**Day 2** workshop 10:00-12:00 13:30-17:30, directed by Nathalie Tacchella and Amina Amici.

**Evening 2** presentation of Forces 1 + duration 30 minutes.

**The workshop can have a longer duration (one week or more). The longer the workshop, the more accomplished the presentation will be.**

## FORCES GALLERY VERSIONS

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Inlassablement – MICR – photo Claire Goodyear – February 2014

### **Forces I and Forces I+ Gallery version**

Everything collapses under the dancer.  
Indefatigably she reconstructs.

**The gallery version** is technically the simplest, without any special lighting or scenic floor. It can be presented with or without music.

The version **Forces I+**, with the workshop, can also be proposed in the gallery version.



## **Stage**

Minimal floor surface: 12 X 12 M – wood

Minimal height: 6 M

The company brings a mobile floor (10X10M) which has to be screwed in 36 points around the mobile white, wooden black floor or black dance linoleum.

## **Lights for theatre full version**

36 circuits 2KW (public included)

Light mix table with memory and manual cross-fade  
Gelatins LEE 053, 182, 210, 251, 719, 728 – ROSCO 119.

13 PC 1KW

5 PC 2KW

10 pars CP 62

2 Juliat 614 SX

2 asymmetric iodins for public lightening

1 light ramp 18X100W (brought by company)

1 Mercure 750W (brought by company)

5 couples of PAR 16 (brought by company)

## **Sound for theatre full version**

One stereo input

One mix table with independent back and front stage settings

1 Facade and 1 back stereo full range – subwoofers if HP under-dimensioned

## **Schedule**

Setting with 2 electricians, 1 stage-hand, 1 sound technician and 1 general technician.

Unloading and loading: 4 persons.

Day 1: 3 technical services

Day 2: 2 technical services including rehearsal with dancers.

Show.

# CREDITS

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Conception and choreography **Nathalie Tacchella**

Artistic collaboration **Claire Goodyear**

Stage design **Padrutt Tacchella, Annie Peter Osman**

Music **Adrien Kessler**

Light design **Marc Gaillard** assisted by **Thierry Court**

Costumes **Marion Schmid**

Dance **Marion Baeriswyl, Simona Ferrar or Amina Amici, Ambre Pini**

Choreography assistant **Diane Senger**

Delegated production **Laure Chapel – Pâquis Production**

Tour manager **Lenka Flory**

Translation **Caroline Dommen**

Photos **Isabelle Meister** and **Claire Goodyear**

Production **l'estuaire company**

With support from the Ville de Genève, République et Canton de Genève, Loterie Romande and Fondation Ernst Göhner.

**All dancers and artistic collaborators' bios are available on [www.estuaire.ch](http://www.estuaire.ch) biographies.**

**FORCES – PUBLIC REPRESENTATION**

**LE GALPON, MAY 2014**

**BY CAROLE MESSMER**

**AVAILABLE ON**

**VIMEO.COM/97881894**

**FORCES – SCHOOL REPRESENTATION AND WORKSHOP**

**LE GALPON, MAY 2014**

**BY CAROLE MESSMER**

**AVAILABLE ON**

**VIMEO.COM/98589293**

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